



### **Session Times:**

**U09-U11 (Elementary)**

9:00 am - 10:30 am

**U12-U14 (Middle School)**

10:30 am - 12:00 noon

**U15-U18 (HS & Collegiate)**

6:00 pm - 7:30 pm

### **Cost:**

**\$25/Day/AgeGroup (1 1/2 hrs)**

### **Location – Pembroke Park**

2001 Buckingham Ave, Birmingham 48009

### **Registration:**

**Send Email to [greg12117@hotmail.com](mailto:greg12117@hotmail.com) and include:**

**Player's Name / Age**

**Dates of Training Sessions**

**Contact Phone Numbers**

**\*\* Plan to bring check made out to "Kicks for Kids" to first session player attends.**

### **Remaining Sessions:**

**Mon 7/26**-Passing Techniques

**Wed 7/28**-Dribbling/Running w/the ball

**Fri 7/30**-Decision Making Pass/Dribble

**Mon 8/2**-Turns

**Wed 8/4**-Set Pieces/Set Plays

(throw-ins/corners/free-kicks)

**Fri 8/6**-Goalkeeping

(shot stopping/distribution/handling/supporting a goalie)

**Mon 8/9**-Control/First Touch

**Wed 8/11** -Understanding Positions

(keeper/defender/midfielder/forward)

**Fri 8/13** -Formation Variation